UC Recreation and Wellness Committee

Annual Goals, September 2020-August 2021

- 1. Finding some resources after assessing students' needs such as mental health funding.
- 2. Finding self-care resources for students and providing information about counseling and other resource availability.
- 3. Narrowing down ways courses function for more consistent and predictable management of their courses.
- 4. RooFit
- 5. Review topic submissions referred by UCEC and other requests related to university recreation and wellness matters.